**Digital Hill Day, March 2, 2022**

**Digital Dos and Don’ts for the Day**

1. If possible, DO take lots of pictures with your phones! Post them on social media and share them with Tennessee Afterschool Network and United Way – text photos to the cell numbers listed below.
2. DO ask your elected officials to support your causes and specific legislation (**EX**: Dear Rep, please vote yea on XYZ Bill because 50% of students experience trauma.)
3. DO ask your social media followers to ask their elected officials to support our causes and legislation (**EX:** Help us make a difference – contact your state elected officials and tell them to vote yea on ABC Bill, because Pre-K should be part of elementary school funding.)
4. DO educate your elected officials and social media followers about the issues (**EX:** the new education funding formula should be equitable and not pull money away from public schools. Ask your elected officials to vote yea on HB xyz)
5. Always use our hashtags listed below for the day (or week) in your posts on Facebook and Twitter. It helps them stand out.
6. Always tag the hosts, elected officials, your organization, the media, and others in your social media posts.
7. Do be polite, positive, civil, grateful, and encouraging.
8. Don’t call officials out or be aggressive, condescending, hateful, or anything less than your gracious self.

**Hashtags: #UWTNHillDay22 #TANHillDay22**

**United Ways of Tennessee & TAN** - Mary Graham, **Cell:** 615-495-9970

**Email:** mary.graham@uwtn.org

**FB & Twitter Tags:** @UnitedWaysTN

**Tennessee Afterschool Network (TAN)** - Kelley Nave, **Cell:** 423-304-3579

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