1. **Your birthday** Fill in the circle

|  |
| --- |
| Month of your birthday |
| Jan | Å |
| Feb | Å |
| Mar | Å |
| Apr | Å |
| May | Å |
| Jun | Å |
| Jul | Å |
| Aug | Å |
| Sep | Å |
| Oct | Å |
| Nov | Å |
| Dec | Å |

|  |
| --- |
| Year of your birthday |
| 1997 | Å |
| 1998 | Å |
| 1999 | Å |
| 2000 | Å |
| 2001 | Å |
| 2002 | Å |
| 2003 | Å |
| 2004 | Å |
| 2005 | Å |
| 2006 | Å |
| 2007 | Å |
| 2008 | Å |
| 2009 | Å |
| 2010 | Å |

**DIRECTIONS: Circle the answer that applies to you**

1. **Are you:** Male Female

**1**

**2**

# Who do you live with most of the time? (Pick only one)

Mother and father Only father Other relative

**1**

**4**

**7**

Only mother Stepmother and father Guardian or foster parent Mother and stepfather Some with mother/some with father Alone or with friends

**2**

**3**

**5**

**6**

**8**

**9**

# Are you Hispanic or Latino?

Yes No

**1**

**2**

# What is your race? (Select one or more)

American Indian/Alaska Native Native Hawaiian or Other Pacific Islander White Asian Black or African American

**1**

**2**

**3**

**4**

**5**

# What grade are you in?

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **1** 3rd | **2** | 4th | **3** | 5th | **4** | 6th | **5** | 7th |
| **6** 8th | **7** | 9th | **8** | 10th | **9** | 11th | **10** | 12th |

1. **What grades do you generally get in school? (Pick only one)**

Mostly A’s (90-100) Mostly C’s (70-79) D’s or lower (less than 60) Mostly B’s (80-89) Mostly D’s (60-69)

**1**

**2**

**3**

**4**

**5**

# About how many days were you absent from school last year? (Pick only one)

None 1-2 days 3-6 days 7-15 days 16 or more days

**1**

**2**

**3**

**4**

**5**

**Circle one: Pre Survey Post Survey**

|  |
| --- |
| **Directions: Circle the word for each statement to tell us if you agree or disagree.** |
| **Section A** |
| 1. Your personal values play a role in the decisions that you make. | Agree | Disagree |
| 2. When you are successful, it is best not to talk about it with others. | Agree | Disagree |
| 3. The only way to know how someone is feeling is if they tell you. | Agree | Disagree |
| 4. I am comfortable talking about my success. | Agree | Disagree |
| 5. A long term goal is achieved through a series of short term goals. | Agree | Disagree |
| 6. It is not normal for people my age to experience stress. | Agree | Disagree |
| 7. It is impossible to manage stress through the use of “stress management techniques”. | Agree | Disagree |
| 8. I do my best in school, even when the work is hard. | Agree | Disagree |
| 9. You can change negative thoughts and emotions into positive thoughts and emotions. | Agree | Disagree |
| 10. If you have to ask questions during a conversation, it shows that you are not listening. | Agree | Disagree |
| 11. Putting someone down is one way to get them to want to change their negative behaviors. | Agree | Disagree |
| 12. Emotions are often tied to others people’s behaviors. | Agree | Disagree |
| **Section B** |
| 13. Positive influences can sometimes lead to negative behaviors that result in unhealthy life choices. | Agree | Disagree |
| 14. Companies only advertise because they want you to have all the facts about their products and services. | Agree | Disagree |
| 15. Smoking cigarettes can leave yellow stains on your fingertips. | Agree | Disagree |
| 16. Nicotine is the ingredient in cigarette that causes addiction. | Agree | Disagree |
| 17. Most teenagers drink alcohol. | Agree | Disagree |
| 18. Kids that drink alcohol look more grown up. | Agree | Disagree |
| 19. Alcohol can make you feel depressed and sad. | Agree | Disagree |
| 20. Smoking marijuana makes regular things seem more interesting. | Agree | Disagree |
| 21. Peer pressure always leads to negative behavior. | Agree | Disagree |
| 22. Drinking alcohol can make you feel thirsty. | Agree | Disagree |
| 23. Taking medicine that was prescribed to someone else is OK as long as an adult gives it to you. | Agree | Disagree |
| 24. Smoking causes your teeth to turn yellow or brown | Agree | Disagree |
| 25. Once you start smoking cigarettes, it’s pretty easy to quit. | Agree | Disagree |

|  |
| --- |
| **Directions: Circle the answer that best describes your beliefs or actions.** |
| **Section C** |
| 26. I worry about violence in school. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 27. Students at this school are often bullied. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 28. Students at this school are often threatened. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 29. Students at this school are often bullied because of certain characteristics (for example, their race, religion, or weight). | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 30. I sometimes stay at home because I don’t feel safe at school. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 31.. Adults in this school are usually willing to make time to give students extra help. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 32. Most students in my school don’t get along very well together. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 33. Most students in my school treat each other with respect. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 34. Most students in my school give up when they can’t solve a problem easily. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 35. Most students in my school think it’s OK to fight if someone insults them. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 36. Most students in my school say mean things to other students when they think they deserve it. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 37. Most students in my school think it is OK to cheat if other students are cheating. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 38. Most students in my school try to do a good job on school work even when it is not interesting. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 39. My teachers try to connect what I am learning in school to life outside of the classroom. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 40. My teachers encourage me to share ideas about things we are studying in class. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 41. Adults in this school apply the same rules to all students equally. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |
| 42. Adults in this school are usually willing to make the time to give students extra help. | Strongly Disagree¿ | Disagree¡ | Agree¬ | Strongly Agree√ |