



Pre-/Post-Survey on Leadership Strengths

Name OR cell phone number (if survey is to be anonymous):

Please answer the following questions, indicating whether you strongly agree or disagree with the statements by circling the number that corresponds to how you feel. There are no right or wrong answers; we are just interested in your strengths coming into and leaving this program.

1. I know what my strengths are and can list them.

(self-awareness)

Disagree 2 3 4 Agree
1 2 3 4 5

2. I know how to calm myself down when I am upset.

(self-awareness)

Disagree 2 3 4 Agree
1 2 3 4 5

3. I can set goals and figure out how to reach them.

(self-management)

Disagree 2 3 4 Agree
1 2 3 4 5

4. I can stay focused even when there are distractions.

(self-management)

Disagree 2 3 4 Agree
1 2 3 4 5

5. I can learn from people with different opinions from me.

(social awareness)

Disagree Agree
1 2 3 4 5

6. I know when someone needs help.

(social awareness)

Disagree Agree
1 2 3 4 5

7. I can respect a peer's opinions during a disagreement.

(relationship skills)

Disagree Agree
1 2 3 4 5

8. I know how to share what I am feeling with others.

(relationship skills)

Disagree Agree
1 2 3 4 5

9. I can think about what might happen before making a decision.

(responsible decision-making)

Disagree Agree
1 2 3 4 5

10. I can think of different ways to solve a problem.

(responsible decision-making)

Disagree Agree
1 2 3 4 5